



Conversation Guide: Talking to Your Doctor About Glaucoma

Have an upcoming appointment with your eye care doctor? Download this handy checklist of questions you may want to ask on the severity of your glaucoma as well as if you are managing your disease properly.

Whether you are newly diagnosed with glaucoma, have been on treatment for some time or want to know more about how severe your glaucoma condition could be, being prepared to speak with your eye care doctor and ask questions about managing your eye health can help you make informed decisions on your treatment plan.

See below for a list of questions you can use to make the most of your eye care visits. Click “print or download” to make yourself a copy of these questions. Be sure to bring these questions with you to your next visit.



If you already are diagnosed with glaucoma and want to know how severe your glaucoma is:

1. How different is my vision from my last visit?

2. Is my intraocular pressure (IOP) increasing from my last visit?

3. Where does my intraocular pressure (IOP) lie on the glaucoma spectrum?

4. Is there a stage in my glaucoma diagnosis when I should be making lifestyle changes? (i.e. driving, food shopping)?

5. How long until I experience vision loss from my glaucoma?



If you are curious about whether you are taking your treatment properly:

1. Is my glaucoma treatment working?

2. How do I know if my glaucoma treatment is working?

3. Am I administering my treatment correctly?

4. Will I have to take this treatment for the rest of my life?

5. What happens if I forget to take my treatment just one day?

6. Are there additional treatments that could be suitable for my condition and lifestyle?

7. What are the common side effects I should be prepared for when changing treatments?
